

COUNSELOR'S CORNER

Olde Providence

(980)343-3755

February/2018



The History of Valentine's Day

The Legend of St. Valentine. The history of Valentine's Day—and the story of its patron saint—is shrouded in mystery. We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition.

Pennies for Pasta Campaign February 12 ~ February 23

Olde Providence Elementary School will participate in a fundraiser to support Olive Gardens, "Pennies for Pasta". Pennies for Pasta is a program benefiting The Leukemia & Lymphoma Society's School & Youth campaign. Two million elementary, middle and high school students in more than 2,700 schools across the country will soon begin collecting spare change to support this campaign. Students will receive a box to use for their spare change as they collect their money. Any type of money will be collected, (ex: pennies, dimes, dollars.)

Culture of Care Initiative

The Culture of Care Initiative is an anti-bullying initiative created to help educate students and staff about ways we as a school can stop bullying and support a safe school climate. Our motto is "We Care" and our code is "Kindness". When we begin building positive classrooms and centering our thoughts around "Kindness" it gives a sense of cohesiveness in the class. Building communities within the classroom, is centered around helping students feel safe and valued. If the classroom environment is safe and warm, then the negative behaviors will

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begin to decline. We all can support students and staff by standing up and speaking out when we see someone is being treated unfairly. During the month of February and throughout the rest of the year, we as a school, can sign the pledge to "Stand Up and Speak Out. You can sign the pledge by scanning the QR code on the Stand Up and Speak Out Poster which will be located around the school or by using the link: www.makingitbetter-cms.tv and click on the "Stand Up and Speak Out" pledge. During this month Mrs. Beatty and Miss Henry will be doing classroom guidance to discuss ways we can make our classrooms an anti-bullying zone.



National School Counselor Week February 5 ~ February 9

2018 National School Counseling Week, "School Counselors: Helping Students Reach for the Stars," will be celebrated from Feb. 5-9, 2018, to focus public attention on the unique contribution of school counselors within U.S. school systems. National School Counseling Week, sponsored by ASCA, highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career. National School Counseling Week is always celebrated the first full week in February.

Black History Month

February 1 ~ February 28

This year OP will be implementing "Spot Light on Staff" to celebrate Black History month. If this is a success, hopefully it will become an OP tradition. The "Spot Light on Staff" will be featured on the Counselor Bulletin board located by Miss Henry's office. Our first guest to be featured on 'Spot Light' is Mrs. Robin Chapman, Our Teacher of the Year!

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Strawberry Valentine's Chex Mix

CHARACTER RECIPE

Strawberry Valentine Chex Mix is easy to make, fun & perfectly festive for Valentine's Day! Strawberry white chocolate coating on Chex cereal with added chocolate candy is the perfect sweet treat!

Ingredients

- 4-6 cups Rice Chex cereal
- 1 8-oz. bag Strawberry Candy Melts OR
- 1 bag of white chocolate baking chips {12 oz.} AND
- 1 box of Strawberry Creme Jell-O Pudding**
{pudding NOT gelatin!}
- Valentines M&M's and/or Sprinkles

Instructions

1. Measure out Chex cereal into a large bowl. Note: if you're using the Strawberry Candy Melts, you'll use 4 cups of cereal. If you're using the white chocolate chips + pudding mix, you'll use 6 cups of cereal.
2. Pour chocolate into a small glass dish. Add 1/2 tsp shortening, if desired, to help the chocolate coat the cereal easier. Microwave for 1 minute 20 seconds. Let sit in the microwave for 3 minutes. Remove and gently stir. If chocolate loses its shape and looks smooth, it's done. If not, return to the microwave in 15 second increments, letting it sit for 2-3 minutes each time, until melted and smooth.
3. If you used White Chocolate Chips + Pudding Mix: Add 4 TBSP of the strawberry creme pudding into the white chocolate and stir gently until smooth. Add 2 drops of red food coloring, if desired.
4. Pour the chocolate mixture over the Chex cereal and stir gently to coat.
5. Transfer cereal mixture to a large piece of wax paper. Sprinkle with M&M's and Valentines sprinkles, if desired. Let cool to set. Break pieces and store in an airtight container to save. Candy can be made up to 3-4 days ahead, if desired. It saves well!

Caring

Caring is displaying kindness and concern for others. When we treat others in a kind way or how we would like to be treated it makes others feel accepted and valued. We all want to be loved and valued by our family, our friends and others. Let's demonstrate caring and kindness to others by doing the following:

- Treat others with kindness and generosity.
- Help others who may be less fortunate than you.
- Never be mean or hurtful to others.
- Think about your actions and how they can affect others.
- Always remember to become a caring person you must do caring things.

Famous Quote: "The time is always right to do what is right."
—Dr. Martin Luther King, Jr.



Important Dates:

Counselor's Coffee -

- Topic - Understanding The Power of Social Media
- Date - February 20, 2018
- Time - 5:00 p.m. - 6:00 p.m.
- Guest Panel/Q & A Forum
- Media Center

6th Grade Transition - Parent Meeting

- South Charlotte Middle School
- March 1, 2018
- Time 7:30 AM - 8:30 AM
- Media Center